Personal Information

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EDUCATION

- **Masters in International Relations** | Jahangirnagar University | CGPA: 3.75 **|** 2022
- **Bachelor in Nutrition and Food Engineering |** Daffodil International University **|** CGPA: 3.80 **|** 2020
- **Diploma in Food Technology |** Dhaka Polytechnic Institute | CGPA: 3.24 **|** 2016
- **Secondary School Certificate (S.S.C) in Science |** Dhaka Board | GPA: 4.50 | 2011

CAREER SUMMARY

- Over 8 years of experience in program management in the development sector in the Asia-Pacific region through school-based programs, community engagement, leadership, and capacity building;
- Implemented a school food programme at GAIN Bangladesh using a sustainable business model through the 'Pushti Canteen' initiative in secondary schools across Lalmonirhat, Cumilla, and Dhaka.
- Established the Scaling Up Nutrition (SUN) Youth Network in Bangladesh under the Ministry of Health and Family Welfare and collaborated with the Ministry of Food, as well as with the Ministry of Environment, Forest and Climate Change, and the Ministry of Agriculture in the COP process.
- Developed strong partnerships with the Department of Youth Development and GAIN through an MoU and played a key role in the ongoing National Youth Policy 2017 revision process.
- Led the Local Conference of Youth (LCOY) in Bangladesh since 2022, working alongside 20 youth organizations and partners such as UNDP, ActionAid, WaterAid, SIDA, ICCCAD, and various embassies.
- Mentored and laid the foundation for several youth initiatives and networks, including the Bangladesh Youth Mock Parliament and Youth Assembly, while working with Hunger Free World and WAVE Foundation.
- Proven experience in working with organizations and setting up a team to increase program effectiveness, strategic leadership and direction in the planning, implementation, monitoring, and evaluation of all programmes and projects within the organization
- Experienced and engaged in managing Government stakeholders, private sectors, CSOs, youth organizations, and university clubs toward empowering marginalized groups
- Experienced in programme coordination, project management, guiding teammates with knowledge of programme planning, implementation, communication, and meeting deadlines;
- Won the COP26 Youth Engagement Challenge Fund from the British Council as a youth climate advocate, worked with the marginalized community, reaching cumulatively 600+ young people across Bangladesh. Along with this, joined COP27 and COP28 as delegate of GAIN and YOUNGO respectively;
- Trained cumulatively 5000+ young people from more than 7 countries from Asia-Pacific region on sustainable development, food systems, climate action, climate mitigation and adaptation, climate risks and impacts issues, directly through the Active Citizens Programme. Movers and the Norec Professional Exchange Programme;
- More than 6 years of experience in an end-to-end facilitation process, preparing and maintaining databases for documentation, administrative work and creating digital media content for branding guidelines.

WORK EXPERIENCE

Project Coordinator, Youth and Adolescent Nutrition | Global Alliance for Improved Nutrition (GAIN) | January 2024 – Till date

The Global Alliance for Improved Nutrition (GAIN) is a Swiss-based foundation launched at the United Nations in 2002 to tackle the human suffering caused by malnutrition. Working with governments, businesses and civil society, with an aim to transform food systems so that they deliver more nutritious foods for all people, especially the most vulnerable.

Projects Coordination, Planning, and Design

- Leading the youth and adolescent programme in Bangladesh, supporting Pakistan and Tanzania in youth leadership development and bringing youth voices in the policy spaces (UNFSS, N4G & SMC).
- Coordinating the Scaling Up Nutrition (SUN) Youth Network Bangladesh with the Ministry of Health and Family Welfare and representing the Ministries' Youth Network at Multi-Stakeholder Platform (MSP).
- Develop annual work plans, implementation strategies, financial management and design projects based on landscape analysis and research to identify areas for intervention and program expansion in different districts and educational institutions.
- Supervision of planned activities in partnership and collaboration with executive agencies, creative agencies, and research & evaluation agencies.
- Provide technical assistance and capacity-building training to project staff, partner NGOs, secondary school teachers, and youth volunteers on nutrition, healthier diets, health promotion, and hygiene in school settings to run the Pushti Canteen/ School Canteen.
- Organise various events: roundtables, workshops, meetings and any other events for project planning, re-designing, and sharing learnings with targeted audiences.
- Support and capacity building of partners in developing communication techniques and messaging for the campaign so that both are easily understood by youth in order to improve their food behaviours and environment-friendly lifestyle at individual and family levels.
- Developed Food Systems Youth Leadership Training module and Young Negotiator Programme
- Developed comprehensive program plans, budgets, and timelines in collaboration with relevant stakeholders.
- Coordinated the Local Conference of Youth (LCOY) in Bangladesh in 2022, 2023 and 2024 to build youth leadership in climate actions. More than 15000 youth is engaged over the 3 years.

Policy and Campaigns

- Aggregate and synthesize evidence on the landscape analysis of youth engagement in food systems in Bangladesh and provide policy insights to gap analysis activities in line with the national priorities and prepare reports on the gathered evidence.
- Create and manage a repository of policy documents that are relevant to youth and adolescents in Bangladesh.
- Facilitate campaigns on demand generation and promoting healthier diets.
- Explore and find opportunities for young people to get engaged in the campaign Bhalo Khabo Bhalo Thakbo and its various activities like the nutri-leaders competition.
- Ensure the project and campaign activities leverage nationally and globally.

Stakeholder Management and Collaboration

- Develop and maintain working relationships with key stakeholders including government institutions and other relevant line agencies, the donor communities, UN agencies, I/NGOs, and the private sectors creating an enabling environment to get the buy-in of the project interventions.
- Working with educational institutions, strategic partners, alliance partners and other relevant organisations working in youth and adolescent nutrition workspace for joint advocacy, leverage coordination and research to share learnings.
- Facilitate engagement of influencers to reach young people to motivate changing food behaviour.
- Ensure the project and campaign activities leverage nationally and globally.

Technical Supervision, Monitoring and Evidence Generation

- Visits activities implementing by the partners throughout Bangladesh to ensure that project delivery and progress is on track.
- Documenting experiences, preparing reports, presentations, briefs and articles for wider dissemination and publication of the project learnings and achievements.
- Guide in preparations of the QUAD documentation and reporting with the project team

Programme Associate, Youth and Adolescent Nutrition | Global Alliance for Improved Nutrition (GAIN) | July 2022 – December 2023

Project Implementation and campaign coordination

- Lead the youth and adolescent programme in Bangladesh and align youth with other programmes of GAIN;
- Supported partners in developing communication techniques and messaging for the campaign so that they are easily understood by youth;
- Supported the development of innovative e-learning module/courses (digital and/or animated) on nutrition education for the young people and other relevant partners and facilitating expansion of the e-learning course to encourage user participation;
- Provided capacity building training and needs-based capacity inputs to implementing partners for effective implementation and monitoring of progress of the project;

Stakeholder Management and Collaboration

- Developed and maintained working relationships with key stakeholders including government institutions and other relevant line agencies, the donor communities, UN agencies, I/NGOs
- Managed reporting of the project progress reports, quarterly budget forecast, timely management of the funds with support from the Finance team;
- Worked with educational institutions, strategic partners, alliance partners and other relevant organisations working in youth and adolescent nutrition workspace for joint advocacy, leverage coordination and research to share learnings;

Technical Supervision, Monitoring and Evidence Generation

- Visited activities implementing by the partners throughout Bangladesh to ensure that project delivery and progress are on track;
- Supported documenting experiences, presentations, briefs and articles for wider dissemination and publication of the project learnings and achievements;
- Supported preparations of the QUAD documentation and reporting with the project team;

Young Professional | WAVE Foundation | January 2022 – June 2022

WAVE Foundation, a Civil Society Organization dedicated to the socio-economic development of the poor and marginalized, as well as the establishment of universal human rights and good governance, through issue-based policy advocacy and campaigns and an integrated approach that combines service delivery, rights-based and creative transformation to address the poor's immediate and immediate concerns, along with the structural dimension of poverty and inequity.

- Coordinated the “Youth in Climate Action Promotion (YCAP)” project under Norec International Exchange Fellowship Programme and engaging in regular partnership implementation of both online and offline activities with WAVE Foundation and DHAN Foundation under this programme;
- Developed the “Project Operational Guide” and the “Youth Leadership on Climate Action Promotion Training Manual” to implement the Fellowship Programme at the community level in both Bangladesh and India which is ensuring the sustainability and the effective implementation of the model;

- Organized and facilitated more than 12 training sessions for 180+ youth from diverse groups from marginalized communities in the district level in Bangladesh;
- Conducted need assessment to demonstrate small scale Community Based Climate Action Project (CCAP) and manage Learning Management System and the virtual workplace;
- Prepared communications materials- newsletters, reports, and audio-visual production in regular interval on project activities;
- Foster knowledge exchange by preparing case studies, articles and toolkits on the unique features and best practices.

Norec Professional | WAVE Foundation | April 2020 – December 2021

- Implemented Norec International Exchange project activities under the instruction and guidance of Norec, WAVE Foundation and DHAN Foundation;
- Prepared business plan and project proposal for 16 Farmer Producers' Organization-FPO on Small Farming a Viable Business;
- Made Liaison with Govt. INGOs/NGOs and other stakeholders for maintaining time-to-time collaboration;
- Operated the ICT based FPO monitoring tool to capacitate on the FPO operation management and Capacity building of staff on ICT based monitoring tools and FPO operation and management;
- Supported to prepare training modules in the digital training platform;
- Facilitated and Develop Module and IEC materials to train both WAVE and DHAN participants;
- Supported administrative and program management activities; budgeting; action plan; minutes of meeting; agreements; and event/ campaign report;
- Prepared project activities reports, case studies and articles on the unique features and best practices;
- Supported communication team for maintaining 5 social media platforms (e.g. Facebook, LinkedIn, Twitter, YouTube, Instagram) the engagement of social media is increased 170%.
- Created ICT based FPO monitoring software applications to assist in Farmers' Organization's smooth activities running and monitoring across all 16 FPOs. The amount of Physical visits at field and miscommunication decreased by 10% as a result.

Assistant Program Officer | WAVE Foundation | May 2019- March 2020

- Provided administrative and secretarial support for the “Right to Food Bangladesh” network, including correspondence handling, meeting coordination, agenda setting, and documentation.
- Assisted in drafting project proposals, reports, and agendas in compliance with donor and organizational policies.
- Coordinated with over 800 youth from 24 universities and colleges, ensuring effective communication, information dissemination, and event logistics for campaign activities.
- Contributed to developing standard operating procedures (SoPs), guidelines, and administrative tools for ongoing and future projects.
- Supported the Empower Youth for Work (EYW) Project by managing documentation, communication materials, and learning-sharing activities.

Intern | WAVE Foundation | August 2018- April 2019

- Assisted in correspondence and stakeholder communication for the “Right to Food Bangladesh” network.
- Supported the documentation, coordination and financial management of the national campaign that collected 3 million signatures for the Right to Food Act in Bangladesh.
- Mobilized and coordinated youth groups at the community level, ensuring smooth planning, scheduling, and implementation of campaign activities.
- Contributed to content development, report drafting, and external communication materials

including newsletters, audio-visual content, and media briefs.

PROFESSIONAL EXPERIENCE

Media and Publicity Secretary | Food Organization Bangladesh | 2021 – Till date

Food Organization, Bangladesh (FOB) is a non-government, non-political and non-profitable social organization which was founded on 16th December 2010 in order to improve the food awareness among consumers as well as establish the rights of food technologists, engineers, and nutritionists.

- Manage and organize communications activities, including writing press releases, coordinating with reporters, and executing social media posts;
- Planning, implementing and evaluating school campaigning activities;
- Regular Communications with food industry personnel;
- Preparing yearly publications in line with organization policy.

Coordinator| Youth Assembly (WAVE Foundation's Youth Platform) | January 2020 – June 2022

Youth Assembly (YA) is a Youth platform of WAVE Foundation that aims to empower young people and create a stronger community. The YA promotes youth leadership, skill and active citizenship to foster social development.

- Mobilized the district-level youth groups to initiate local campaigns in the context of climate action, education, health and etc.;
- Coordinated Global Climate Strike across youth groups in Youth Assembly;
- Organized around 16 capacity-building workshops along with national dialogues and community-building events with local governments, youth leaders and other relevant stakeholders on Youth in Climate Action.
- Provided mentorship to 22 district youth leaders for implementing community action projects.

Founder and Chief Advisor | Pcycle | 2020 – Till date

Pcycle is a social enterprise working with the local communities to ensure environmental sustainability, gender inclusion and economic empowerment by bringing smart solutions for waste management by recycling waste materials. Promote climate education among school-going children through Green Premises, supported by British Council, and Girls Education and Climate Action Project by the Malala Fund. Where a group of active citizens are working to create awareness among people of eco-friendly behaviour.

- Designed and secured funding for the transformative programme for Girls Leadership
- Developed 5 training modules for Young Climate Advocates Training
- Provided training to 650+ young activists at the community level to create awareness on climate change, plastic pollution, and waste management processes.
- Completed 5 Webinars on Climate Action: Role of Youth
- Lead the Young Climate Advocates Network, where more than 200 climate activists are actively engaged in climate action at the community level.
- Developing the initial strategy and plan, actively managing and overseeing the organization's operations, fundraising, and programs;
- Establishing goals, objectives, and operational plans, capacity building module development in collaboration with the founding committee, staff, and other leaders;
- Ensuring the product roadmap, campaign, and activities are in alignment with the vision of Pcycle;
- Mentoring Young climate advocates network of Pcycle and monitoring and evaluating Pcycle climate action projects and campaigns.

Team Lead | Stand Against Malnutrition | October 2018- January 2020

Stand Against Malnutrition is a social initiative aimed to educate the young generation for the prevention & remedy of malnutrition for a healthy future. Founded as a social action project in 2018 after the Active Citizens Youth Leadership Training by British Council Bangladesh.

- Planning, implementing, and coordinating the groups' campaigning activities;
- Facilitated training sessions in 15 communities and institutions to act on malnutrition;
- Preparing nutrition awareness module, communications materials, content ideas for outreach and publications, and educational tools based on targeted groups;
- Lobby and advocacy with relative stakeholders for ensuring the proper hygiene and nutrition among school children for a healthy future.

Publication Secretary | Youth Against Hunger Bangladesh | 2016 – 2019

Youth Against Hunger (YAH) is the youth wing of Hunger Free World (HFW), a not-for-profit organization with headquarters in Japan and offices in Bangladesh, Benin, Uganda and Burkina Faso. YAH operates by the motto "Do not let hunger end our youth, let our youth end hunger". YAH hosted Bangladesh Youth Mock Parliament (BYMP) to draw the attention of the Policy Makers on different issues related to food nutrition and youth empowerment.

- Facilitated “Youth Development Camp” with a diverse group of 35 participants across Bangladesh;
- Coordinated the “Don’t Waste Food” campaign and “Right to Food” act signature campaign to collect 1,00,000 signatures by engaging youth in this campaign from the different institutes;
- Supported the “Hunger Free World” and “Youth Against Hunger Bangladesh” to implement the programme at the local level and organizing in key events;
- Prepared different internal and external communication reports and publications on ongoing campaigns and activities.

PROGRAMME EXPERIENCE

- Delegate | Conference of Parties -COP29 | Bangladesh Government | 2024
- Delegate and Focal | Conference of Parties -COP28 | GAIN Bangladesh | 2023
- Delegate and Focal | Conference of Parties -COP27 | GAIN Bangladesh | 2022
- Country Contact Point | Conference of Youth-COY17 | YOUNGO- UNFCCC | 2022
- Focal Point | Local Conference of Youth (LCOY) Bangladesh| YOUNGO- UNFCCC | 2022
- Mentor | Climate Hackathon | Youth Empowerment in Climate Action Platform | 2021
- Team Lead - National Food Safety Day Observation | Bangladesh Food Safety Authority | 2018 - 2019
- Volunteer | Nutrition Olympiad | Ministry of Food and BIID | 2018
- Organizer| Right to Food and Nutrition Campaign | Right to Food Bangladesh | 2018
- Organizer| 5th Youth Mock Parliament | Bangladesh Youth Mock Parliament | 2015

FACILITATION EXPERIENCE

Facilitator | Movers Programme | March 2019 – 2021

The Movers Programme is a regional movement, started by UNDP Youth Co:Lab, of volunteers who develop Sustainable Development Goals awareness, entrepreneurial mindsets and 21st-century skills by conducting localized training at a grassroots level.

- Facilitate workshops both nationally and internationally across the Asia Pacific Region;
- Mentor movers from five different countries across the Asia Pacific Region.

Training Facilitator | Active Citizens Programme (British Council Bangladesh) | March 2019 – December 2021

The British Council is the UK's international organization for cultural relations and educational opportunities. The **Active Citizens Programme** is one of the signature programmes of the British Council which enhances the leadership and project management skills of local influencers. Youth receive specialist guidance in designing and running social action projects, which aim to generate positive change within their community.

- Mobilized youth and conducted 15 leadership training needs assessments in the community;
- Led the team of 8 Facilitators in the training sessions of Active Citizens Youth Leadership Training;
- Facilitated week-long training sessions to engage more than 1000+ youth from diverse groups on Youth Leadership, Community Development, and Climate Action;
- Mentored 32 "Social Action Projects" focused on SDG-5, SDG-8, SDG-13, SDG-16 among them 11 social action projects are actively working in Climate Action Promotion in the community e.g Project WE, Less Trash Save World, Share Food Save Environment, Recycling Panchagarh, Carbon Consumption, Back to Greenery etc.

Training Facilitator | The Commonwealth | May 2018 – January 2020

The Commonwealth is a voluntary association of 54 independent and equal countries. Faith in the Commonwealth is a joint initiative of the Commonwealth Secretariat and Khalili Foundation. It aims to build the ability and mind-set of young people to nurture improved relationships across communities, cultures and religions through global citizenship education.

- Facilitated training of Commonwealth Youth Peace Ambassador Network;
- Conducted Training Needs Assessment of Participants;
- Designed training curriculum based on the community;
- Facilitated 4 days long training on Peace Building;
- Emphasis Youth on SDG related activities focused on social harmony;
- Empowering youth locally to act on SDG-16 and focused on the issue of Peace Building.

PUBLICATIONS

- Editorial on **Youth Committing to 'Only One Earth': Towards a resilient and smart agro-ecology** published on Dhaka Courier.
- Editorial on **Skilled Young People for Better Bangladesh** published on **The Bangladesh Today**.
- Editorial on **Youth Skill for Entrepreneurship & Employment** published on **The New Nation**.
- Editorial on **Right to Food and Nutrition in Covid Time** published on **The Daily New Nation**.
- Editorial on **Vulnerable Groups and Their Right to Food and Nutrition** on **The Independent BD**.
- Article on **Boost Immunity with Advantage of Seasonal Fruits** published on **The Daily New Nation**.

TRAINING RECEIVED

Training Title	Topic	Institute	Country	Location	Year	Duration
UK Study Visit	Future Project Design	British Council	United Kingdom	London, Belfast	2024	7 Days
Finance and Project Management Training	Finances and Project Management, Budgeting Procurement, Core Accounting Principles and Financial Management of Grants	GAIN	UAE	Dubai	2024	3 Days
Youth Voice Project Management	Youth and Adolescent,	GAIN	UAE	Dubai	2024	3 Days

	Project Management, ToT on Youth Capacity Building					
Climate Fresk Workshop	How climate change works and empowers individuals to take effective action as a citizen	Climate Fresk	Egypt	Sharm El Sheikh	2022	1 Day
Virtual Facilitator Development Workshop	Youth Leadership and SDG 13: Climate Action	British Council	Bangladesh	Online	2021	5 Days
Training of Facilitators	Youth Leadership on SDG-8: Decent Work and Economic Growth	British Council	Bangladesh	Dhaka	2019	4 Days
Facilitator Development Workshop	Active Citizens Youth Leadership Training	British Council	Bangladesh	Dhaka	2019	6 Days
Youth Training of Trainers	Youth Leadership Training and SDG-16: Peace, Justice and Strong Institutions	The Commonwealth and Khalili Foundation	Bangladesh	Dhaka	2018	4 Days
Active Citizens Youth Leadership Training	Youth Leadership	British Council	Bangladesh	Dhaka	2018	4 Days

AWARD & ACHIEVEMENTS

- **COP26 Young Engagement Challenge Fund** | British Council Bangladesh |2021
- **Global Youth Ambassador |** Their World | 2018 – 2020
- **Member of Youth Parliament** (Kishoreganj-1) | Bangladesh Youth Mock Parliament | 2016- 2019

SKILLS & COMPETENCIES

COMPUTER SKILLS

- Google Workspace (Gmail, Drive, Docs, Sheets, Slides, Forms, Calendar, Google+, Sites and Keep)
- Microsoft Office 365 (Word, Excel, Outlook, PowerPoint, Teams, OneDrive and OneNote)
- Adobe Photoshop, Graphics Design, Canva, Wix, Web Design and Video Editing
- Typing speed - 48 WPM

LITERACY SKILLS

- Bangla - Native
- English - Fluent
- French- Basic
- Hindi - Basic
- Urdu - Basic

REFERENCE

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